

Serving Claiborne Parish Through Education

Program Highlights Spring Semester 2004

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NORTH CENTRAL REGION

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Dr. Jan McDade, FCS Field Program Leader
(North Louisiana)

Mrs. Karen Martin, Regional 4-H Coordinator

Extension Agents for Claiborne Parish

Joan P. Almond – Parish Chair/Agent (Nutrition & Health)

Dora Ann Hatch - Extension Agent
(Community Economic Development Specialist)

Karen M. Martin – Agent (4-H)

Teresa Price – Assistant Agent (4-H)

LaDonna Chreene – FNP Nutrition Educator

Rafash E. Brew - Area Agent (Horticulture)

John R. Pyzner – Associate Professor
(Commercial Fruits, Nuts & Vegetables)

Ricky L. Kilpatrick - Area Agent (Forestry & Wildlife)

Matthew F. Stephens - Area Agent (Nutrient Management)

NOTE:

Membership and participation in activities and events are open to all citizens without regard to race, color, national origin, gender, religion, age, veteran status, or disability. If you have a disability that requires special accommodation for your participation in the meeting, please contact Dora Ann Hatch at (318) 927-3110

"It is the policy of the Louisiana Cooperative Extension Service that no person shall be subjected to discrimination on the grounds of race, color, national origin, gender, religion, age, or disability."

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<http://www.agctr.lsu.edu/inst/regions/northcentral.asp>

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Classified Staff

Angela Hood, Secretary

Ag & Natural Resources

Claiborne Parish Fair will be held September 26-October 2 at the Claiborne parish Fairgrounds in Haynesville. All entries will be taken on Sunday afternoon, (1:00-4:00 p.m.) for canned items, arts and crafts, quilts, etc. On Monday, Sept. 27, from 8-5, entries will also be taken. Livestock exhibits will be entered on Sunday afternoon during the hours of 1:00 PM. TO 4:00 p.m. Livestock show will be held on Tuesday, beginning at 5:00 p.m. The final livestock sale will take place on Thursday night, Sept. 30th beginning at 6. For more information, contact a member of the Claiborne Parish Fair Board. Call the Extension office for more information.

Family and Consumer Sciences

Identity Theft- A program for anyone who is interested in protecting your identity. Practical tips on how to avoid being easy prey for criminals who want to take your life away from you. Presented by Joan Almond, Family and Consumer Science Agent. There is no charge for this class

Children in the Middle- A program for divorcing couples to teach them how to keep from putting their child/children in the middle of their problems. This class is taught every other month for anyone interested in attending. There is no charge. Beginning in September, the class will be held at the Claiborne Extension Office. Call the office for dates/times. The class is taught by Joan Almond.

Portions- A Healthy Weight Management Program- This is a six week class, held weekly, for anyone interested in learning to eat a healthy diet. Topics such as the food guide pyramid, Exercise, fad diets, dining out and creating self esteem will be covered during the class. Cost is \$15 for anyone interested in participating. Call the office for dates/times of scheduled classes.

4-H and Other Youth Development

As a result of skills learned through 4-H, one local 4-H'er with special needs was highlighted on the LSU website as having learned life skills needed to help her maintain her independence. Skills such as meal preparation, sewing, caring for her horse and pets help this Downs Syndrome teen prepare for adulthood. As a result of her cooking skills, this teen won 3rd place in the District Commodity cookery contest at LSUS in March.

As a result of leadership skills learned in 4-H, 4-H'ers have taken responsibility to help establish new project clubs such as the Horticulture Club, the Photography Club, and the Horse Club. These clubs have planned and implemented projects such as a landscaping project for a local business and organized a photo fundraiser at the annual Valentine's Dance. Members of the Horse Club served as Ring Stewards for the Northwest District 4-H Horse Show.

18 Jr. Leaders participated in 4-H University. 3 Blue Ribbons were received in the contests of Club Reporter, Electric Energy Management, and Public Speaking. As a result of leadership skills learned and preparation for 4-H University, 1 Consumer Foods Judging contestant was elected to serve on the Food and Fitness Board. Also as a result of leadership skills and project work accomplished, 1 Jr. Leader was elected as the North Central Regional Representative for the 2004-2005 State Executive Board.

As a result of the 2nd annual Water Fest activity for all Claiborne Parish 6th grade students, approximately 75% of the 300 students attending indicated having learned ways to conserve water and prevent pollution in order to save natural resources.

Community Economic Development